

Autumn Powerlifting Meet V

NAISET RAW VOIMANOSTO

| Rank | Lifter | Equipment | Class | Bwt | Age | Squat | Bench | Deadlift | Total | Points |
|------|----------------|-----------|-------|------|-----|-------|-------|----------|-------|--------|
| 1 | Amra Halilovic | Bare | 100 | 90.5 | 32 | 135 | 87.5 | 157.5 | 380 | 284.60 |

NAISET CLASSIC RAW VOIMANOSTO

| Rank | Lifter | Equipment | Class | Bwt | Age | Squat | Bench | Deadlift | Total | Points |
|------|-----------------|-----------|-------|------|-----|-------|-------|----------|-------|--------|
| 1 | Mimmi Rehn | Wraps | 67.5 | 65.2 | 23 | 135 | 65 | 145 | 345 | 318.73 |
| 2 | Ella Laaksonen | Wraps | 67.5 | 60.9 | 15 | 100 | 55 | 145 | 300 | 292.08 |
| 3 | Jatta Ihanmäki | Wraps | 56 | 54.9 | 42 | 100 | 50 | 117.5 | 267.5 | 282.89 |
| 4 | Kiia Ihanmäki | Wraps | 48 | 47.5 | 19 | 80 | 40 | 112.5 | 230 | 273.42 |
| 5 | Vivian Ihanmäki | Wraps | 48 | 47 | 18 | 90 | 45 | 90 | 225 | 269.75 |

NAISET VARUSTE VOIMANOSTO

| Rank | Lifter | Equipment | Class | Bwt | Age | Squat | Bench | Deadlift | Total | Points |
|------|------------------|-----------|-------|------|-----|-------|-------|----------|-------|--------|
| 1 | Sara Honkakangas | Multi-ply | 67.5 | 62.3 | | 135 | 80 | 132.5 | 347.5 | 332.40 |

NAISET RAW PENKKIPUNNERRUS

| Rank | Lifter | Equipment | Class | Bwt | Age | Squat | Bench | Deadlift | Total | Points |
|------|-------------|-----------|-------|------|-----|-------|-------|----------|-------|--------|
| 1 | Emma Huhta | Bare | 82.5 | 81 | 33 | | 110 | 200 | 110 | 87.61 |
| 2 | Anna Vuorio | Bare | 75 | 74.2 | 30 | | 65 | 160 | 65 | 54.75 |

NAISET RAW MAASTANOSTO

| Rank | Lifter | Equipment | Class | Bwt | Age | Squat | Bench | Deadlift | Total | Points |
|------|----------------|-----------|-------|------|-----|-------|-------|----------|-------|--------|
| 1 | Eija Pesonen | Bare | 82.5 | 79.9 | 33 | | | 225 | 225 | 180.69 |
| 2 | Emma Huhta | Bare | 82.5 | 81 | 33 | | 110 | 200 | 200 | 159.28 |
| 3 | Anna Vuorio | Bare | 75 | 74.2 | 30 | | 65 | 160 | 160 | 134.76 |
| 4 | Minna Korhonen | Bare | 56 | 54.6 | 36 | | | 110 | 110 | 116.84 |

MIEHET CLASSIC RAW VOIMANOSTO

| Rank | Lifter | Equipment | Class | Bwt | Age | Squat | Bench | Deadlift | Total | Points |
|------|-------------------|-----------|-------|-------|-----|-------|-------|----------|-------|--------|
| 1 | Jan-Erik Maantila | Wraps | 125 | 120.9 | 40 | 320 | 225 | 307.5 | 852.5 | 468.86 |
| 2 | Jari Koskinen | Wraps | 125 | 117.8 | 43 | 310 | 217.5 | 320 | 847.5 | 468.83 |
| 3 | Henri Kaastarinen | Wraps | 100 | 97.4 | 33 | 240 | 130 | 245 | 615 | 361.59 |
| 4 | Tero Manner | Wraps | 110 | 108.2 | 45 | 225 | 130 | 240 | 595 | 336.25 |
| 5 | Hannu Toppinen | Wraps | 100 | 98.6 | 40 | 200 | 140 | 210 | 550 | 321.62 |

MIEHET VARUSTE VOIMANOSTO

| Rank | Lifter | Equipment | Class | Bwt | Age | Squat | Bench | Deadlift | Total | Points |
|------|------------------|------------|-------|-------|-----|-------|-------|----------|-------|--------|
| 1 | Jukka Matikainen | Single-ply | 110 | 102.5 | 31 | 325 | 225 | 300 | 850 | 489.26 |

MIEHET RAW PENKKIPUNNERRUS

| Rank | Lifter | Equipment | Class | Bwt | Age | Squat | Bench | Deadlift | Total | Points |
|------|-------------------|-----------|-------|-------|-----|-------|-------|----------|-------|--------|
| 1 | Hannu Koskinen | Bare | 125 | 122.5 | 44 | | 235 | | 235 | 128.84 |
| 2 | Petri Mäkelä | Bare | 75 | 72.2 | 41 | | 160 | | 160 | 113.38 |
| 3 | Samuli Vaittinen | Bare | 125 | 117.2 | 36 | | 190 | 312.5 | 190 | 105.23 |
| 4 | Matti Matti-Tuuri | Bare | 140 | 131.2 | 41 | | 195 | 285 | 195 | 105.13 |
| 5 | Janne Hihnala | Bare | 110 | 109.3 | 49 | | 172.5 | | 172.5 | 97.20 |
| 6 | Joni Orvasaari | Bare | 90 | 89.3 | 43 | | 150 | | 150 | 92.18 |
| 7 | Marko Kakkinen | Bare | 100 | 95.8 | 45 | | 147.5 | 225 | 147.5 | 87.39 |

| | | | | | | | | | |
|---|---------------|------|-----|-------|----|-------|-----|-------|-------|
| 8 | Toni Liikanen | Bare | 140 | 133.7 | 39 | 157.5 | 230 | 157.5 | 84.53 |
|---|---------------|------|-----|-------|----|-------|-----|-------|-------|

MIEHET VARUSTE PENKKIPUNNERRUS

| Rank | Lifter | Equipment | Class | Bwt | Age | Squat | Bench | Deadlift | Total | Points |
|------|-----------------|------------|-------|-------|-----|-------|-------|----------|-------|--------|
| 1 | Harri Vakkinen- | Single-ply | 110 | 108.8 | 41 | | 240 | | 240 | 135.41 |
| 2 | Marcus Young | Single-ply | 100 | 94.4 | 61 | | 185 | | 185 | 110.40 |
| 3 | Marcus Young | Multi-ply | 100 | 94.4 | 61 | | 175 | | 175 | 104.43 |
| 4 | Miika Pesonen | Single-ply | 67.5 | 63.8 | 16 | | 85 | | 85 | 66.83 |

MIEHET RAW MAASTANOSTO

| Rank | Lifter | Equipment | Class | Bwt | Age | Squat | Bench | Deadlift | Total | Points |
|------|-------------------|-----------|-------|-------|-----|-------|-------|----------|-------|--------|
| 1 | Sami Vaskelainen | Bare | 75 | 75 | 41 | | | 293 | 292.5 | 201.39 |
| 2 | Samuli Vaittinen | Bare | 125 | 117.2 | 36 | | 190 | 312.5 | 312.5 | 173.07 |
| 3 | Matti Matti-Tuuri | Bare | 140 | 131.2 | 41 | | 195 | 285 | 285 | 153.65 |
| 4 | Marko Kakkinen | Bare | 100 | 95.8 | 45 | | 147.5 | 225 | 225 | 133.31 |
| 5 | Toni Liikanen | Bare | 140 | 133.7 | 39 | | 157.5 | 230 | 230 | 123.44 |

MIEHET VARUSTE MAASTANOSTO

| Rank | Lifter | Equipment | Class | Bwt | Age | Squat | Bench | Deadlift | Total | Points |
|------|---------------|------------|-------|------|-----|-------|-------|----------|-------|--------|
| 1 | Kari Heimonen | Single-ply | 90 | 87.7 | 63 | | | 180.5 | 180 | 111.76 |