

Voimanoston SM 2024 - Tampere - 23-24.3.2024

Name	Age	Equipment	Division	Bodyweight	WeightClass	SQ1	SQ2	SQ3	SQ4	Squat	BP1	BP2	BP3	BP4	Bench	DL1	DL2	DL3	DL4	Deadlift	Total	Points	Event	Place
Jenni Nenonen	51	Bare	F_MR_3	71.6	75	70	-90	90		90	45	-55	55		55	115	120	-130		120	265	228.72	SBD	1
Riina Mikkonen	36	Bare	F_OR	66.7	67.5	110	120	130		130	75	85	-90		85	120	130	142.5		142.5	357.5	324.71	SBD	1
Silja Myllymäki	28	Bare	F_OR	87.9	90	100	110	-120		110	65	70	-75		70	140	152.5	-160		152.5	332.5	252.81	SBD	1
Amra Halliovic	31	Bare	F_OR	84.6	90	140	150	157.5		157.5	-77.5	82.5	-92.5		82.5	165	175	-185		175	415	322.23	SBD	G
Oona Kuusisto	14	Bare	F_TR_1	65.5	67.5	80	87.5	92.5	-100	92.5	40	46	50	-55	50	-100	100	111		111	253.5	233.39	SBD	1
Linne Laukka	23	Sleeves	F_JCR	59.8	60	85	95	-100		95	45	-52.5	-52.5		45	105	115	120		120	260	256.79	SBD	1
Elli Peromaa	23	Sleeves	F_JCR	81.1	82.5	140	155	162.5		162.5	77.5	-85	85		85	145	155	-165		155	402.5	320.32	SBD	1
Jatta Ihanmäki	40	Wraps	F_MCR_1	53.6	56	80	90	-100		90	-47.5	47.5	50		50	105	-115	-120		105	245	264.17	SBD	1
Pihlaterttu Oksanen	68	Sleeves	F_MCR_6	58.2	60	55	57.5	60		60	35	-37.5	-37.5		35	95	97.5	100	102.5	100	195	196.78	SBD	1
Majju Hilander	66	Wraps	F_MCR_6	69.1	75	90	100	-110		100	-40	45	50		50	140	147.5	150		150	300	265.53	SBD	1
Jenni Pulli	34	Sleeves	F_OCR	54.2	56	55	65	-70		65	37.5	-42.5	-45		37.5	90	-100	100		100	202.5	216.38	SBD	1
Anu Holopainen	38	Sleeves	F_OCR	65.9	67.5	110	120	-128		120	50	-55	57.5		57.5	150	-162.5	-170		150	327.5	300.15	SBD	1
Essi Jäänti	24	Sleeves	F_OCR	82.1	82.5	-145	152.5	162.5		162.5	100	107.5	112.5		112.5	170	180	187.5		187.5	462.5	365.39	SBD	1
Sara Honkakangas	15	Wraps	F_TCR_1	58.5	60	90	-100	-100		90	50	55	57.5	-60	57.5	-105	-105	105		105	252.5	253.76	SBD	1
Inka Arhenius	15	Sleeves	F_TCR_1	86.3	90	97.5	115	130		130	50	57.5	62.5		62.5	110	125	137.5		137.5	330	253.41	SBD	1
Irina Saari	19	Wraps	F_TCR_3	58.4	60	82.5	-92.5	-92.5		82.5	37.5	42.5	45	-47.5	45	110	120	-125		120	247.5	249.08	SBD	1
Sofia Valkama	19	Sleeves	F_TCR_3	67.5	67.5	95	-101	101	105	101	60	-65	-65		60	145	152.5	158		158	319	287.21	SBD	1
Aada Vuorio	18	Wraps	F_TCR_3	74.2	75	120	132.5	140		140	45	50	52.5		52.5	120	130	140	145	140	332.5	280.05	SBD	1
Eija Pesonen	32	Multi-ply	F_OEM	59.9	60	140	150	165		165	70	80	-95		80	200	-210	-210		200	445	433.93	SBD	1
Vilhelmina Sillanpää	28	Single-ply	F_OES	65.6	67.5	182.5	192.5	202.5	-210.5	202.5	65	90	100.5		100.5	100	135	157.5	185.5	157.5	460.5	423.49	SBD	1
Timo Tissari	23	Bare	M_JR	80.3	82.5	110	120	130		130	90	95	-100		95	205	220	-230		220	445	291.98	SBD	1
Daniil Koroev	21	Bare	M_JR	83.6	90	135	145	150		150	-120	125	127.5		127.5	170	175	180		180	457.5	292.42	SBD	1
Jussi Wilen	42	Bare	M_MR_1	80.5	82.5	150	157.5	162.5		162.5	120	125	130		130	220	240	250.5		250.5	543	355.69	SBD	1
Samppa Nyman	41	Bare	M_MR_1	88.2	90	200	215	225		225	130	135	140		140	230	245	255		255	620	383.68	SBD	1
Miika Kajavalta	44	Bare	M_MR_1	88.8	90	145	155	160		160	130	-140			130	180	-200			180	470	289.73	SBD	2
Olli Myöhänen	42	Bare	M_MR_1	120.7	125	260	-280	-280		260	210	-220	220		220	310	325	335		335	815	448.41	SBD	1
Timo Tuuri	47	Bare	M_MR_2	66.5	67.5	145	155	-165		155	105	110	-115		110	190	200	205		205	470	356.27	SBD	1
Antti Tietäväinen	46	Bare	M_MR_2	88.2	90	190	195			195	-150	150			150	220	230	-240		230	575	355.83	SBD	1
Tuomas Tikkanen	45	Bare	M_MR_2	106.5	110	220	235	245	252.5	245	170	180	-185		180	250	-270			250	675	383.35	SBD	2
Harri Korhonen	45	Bare	M_MR_2	100.1	110	145	155	170		170	130	-140	-140		130	210	225	-240		225	675	305.04	SBD	1
Jarno Ojala	46	Bare	M_MR_2	127.3	140	140	-150			140	-135	150	160		160	160	180	200		200	500	271.51	SBD	1
Juha-Pekka Kinnunen	50	Bare	M_MR_3	116.3	125	210	-217.5	220		220	135	140	145		145	220	230	235		235	600	332.86	SBD	1
Janne Murto	56	Bare	M_MR_4	96.9	100	130	140	-145		140	115	-125	-125		115	175	185	-195		185	440	259.31	SBD	1
Juha Järvisalo	56	Bare	M_MR_4	107.3	110	-200	200	215.5		215.5	125	130	135		135	210	235	250		250	600.5	340.23	SBD	1
Billy Haavisto	58	Bare	M_MR_4	112.2	125	190	205	-220		205	140	-150			140	65				65	410	229.4	SBD	1
Juhani Kärkkäinen	64	Bare	M_MR_5	99.7	100	-190	-190			-135													SBD	DQ
Manu Lehtiniemi	25	Bare	M_OR	73.6	75	180	-190	-190		180	145	-150	-150		145	220	230	240		240	565	394.53	SBD	1
Henri Toukometä	30	Bare	M_OR	74.5	75	175	182.5	192.5		192.5	130	-140	-140		130	205	220	-230		220	542.5	375.37	SBD	2
Rene Makarekko	24	Bare	M_OR	79.8	82.5	220	230	-235		230	155	165	-170		165	270	288	-300		288	683	450.04	SBD	1
Jussi Jaakkola	35	Bare	M_OR	82.1	82.5	210	-220	-225		210	150	-160	-160		150	265	-285	-290		265	625	404.13	SBD	2
Olavi Nieminen	27	Bare	M_OR	82.5	82.5	-100	100			100	-120	120	-130		120	100				100	320	206.27	SBD	3
Samppa Nyman	41	Bare	M_OR	88.2	90	200	215	225		225	130	135	140		140	230	245	255		255	620	383.68	SBD	1
Ville Hepokari	39	Bare	M_OR	88.4	90	190	210	-225		210	150	160	-170		160	250	-270	-270		270	620	383.18	SBD	2
Ville Saranpää	25	Bare	M_OR	87.9	90	200	-215	-215		200	125	-130	-130		135	215	230	-240		230	565	350.33	SBD	3
Alekssi Hiissa	30	Bare	M_OR	99.1	100	215	-230	-230		215	145	150	155		155	250	260	-270		260	630	367.6	SBD	2
Sami Läpikivi	32	Bare	M_OR	97.6	100	175	200	215		215	130	140			140	250	-275			250	605	355.39	SBD	1
Tatu Kuusinen	36	Bare	M_OR	106.5	110	-275	275			275	170	180	-190		180	275	290			290	745	423.1	SBD	2
Jani Soininen	39	Bare	M_OR	109.2	110	240	252.5	260		260	160	170	-177.5		170	270	-285	285		285	715	402.98	SBD	2
Tuomas Tikkanen	45	Bare	M_OR	106.5	110	220	235	245	252.5	245	170	180	-185		180	250	-270			250	675	383.35	SBD	3
Aaro Mäki-Jouppila	24	Bare	M_OR	108.6	110	185	197.5	-205		197.5	130	135	140		140	215	230	240		240	577.5	326.01	SBD	4
Janne Fagerlund	34	Bare	M_OR	109.6	110	220	230	-235		230	-160	-160	-165										SBD	DQ
Iiro Jokipalo	32	Bare	M_OR	121.5	125	290	305	-320		305.5	190	200	205		205	290	297.5	307.5		307.5	818	449.37	SBD	1
Olli Myöhänen	42	Bare	M_OR	120.7	125	260	-280	-280		260	210	-220	220		220	310	325	335		335	815	448.41	SBD	2
Toni Liikanen	38	Bare	M_OR	130.2	140	70				70	170	-180	180		180	210	230	-240		230	480	259.25	SBD	1
Astapsev Valto	13	Bare	M_TR_1	62.8	67.5	75	85	90		90	35	40	-45		40	92.5	100	-105		100	230	183.47	SBD	1
Noel Smeds	17	Bare	M_TR_2	66.7	67.5	95	105	112.5	-120.5	11														

Joel Burtsoff	17 Sleeves	M_TCR_2	72.9	75	140	150	-160	150	-95	-105	-105							SBD	DQ		
Oleksander Kyryliuk	16 Wraps	M_TCR_2	79.3	82.5	-165	165	170	170	85	92.5	-100	92.5	185	-200	-200	185	447.5	296.13	SBD	G	
Petya Zabunov	17 Wraps	M_TCR_2	88.4	90	150	155	-160	155	115	120	-125	120	170	180	185	185	460	284.3	SBD	G	
Aaron Wiman	17 Wraps	M_TCR_2	99.4	100	205	215	227.5	227.5	120	132.5	140	140	215	232.5	-242.5	232.5	600	349.64	SBD	1	
Visa Hakkarainen	16 Wraps	M_TCR_2	98.6	100	190	195	200	200	105	115	120	120	-210	-210	212.5	212.5	532.5	311.39	SBD	2	
Eero Mitronen	19 Wraps	M_TCR_3	82.4	82.5	170	-185	190	190	110	120	130	130	180	195	210	210	530	341.9	SBD	1	
Joonas Asikainen	23 Multi-ply	M_JEM	102.1	110	250	270	285	285	200	210	220	220	195	215	235	235	740	426.58	SBD	1	
Nicky Norris	Multi-ply	M_OEM	86.2	90	-275	-275	-275											SBD	DQ		
Marko Hyytinen	37 Multi-ply	M_OEM	99.6	100	290	-305	310	310	205	-215	-220	205	220	235	250	250	765	445.42	SBD	1	
Antero Bergh	36 Multi-ply	M_OEM	97.3	100	-225	225	-232.5	225	160	170	180	180	225	240	-250	240	645	379.41	SBD	2	
Veimatti Karhu	52 Multi-ply	M_OEM	108	110	-330.5	-330.5	330.5	330.5	190	205	220	220	220	235	-250	235	785.5	444.16	SBD	1	
Henri Kotkansalo	27 Multi-ply	M_OEM	109.2	110	-230	240	-275	240	150	162.5	175	175	240	-270	-270	240	655	369.16	SBD	2	
Ville Pulli	34 Multi-ply	M_OEM	116.6	125	-290	310	330	330	200	220	240	240	-285	285	-305	285	855	474.06	SBD	1	
Aleksi Halminen	27 Single-ply	M_OES	99.2	100	240	270	280	280	150	160	-165	160	250	280	-290	280	720	419.93	SBD	1	
Johan Frisk	32 Single-ply	M_OES	105.2	110	-330	365	-400.5	365	100	200	-245	200	-310	-310	310	310	875	498.96	SBD	1	
Miika Pesonen	14 Single-ply	M_TES_1	52.6	56	100	115	-125	115	45	-50	-50	45	120	130	140	-150	140	300	286.27	SBD	1