

# Juva Open 26.9.2020

## Powerlifting

Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI	
Panziera Samantha	31	F-O-SP	67.5	67.5	0.89995	200	210	-215		210	-157.5	-157.5	-165		0	0	170	-182.5	-182.5		170	0	0	0	0	
Dillström Pinja	19	F-T3-RC	55.3	56	1.0545	-105	-112.5	112.5	-117.5	112.5	50	55	-57.5		55	167.5	130	137.5	140	142.5	140	307.5	5	0	0	1-F-T3-RC-56
Kousa Antti	46	M-M2-RC	120.2	125	0.55075	230	255			255	-100				0	0	205				0	0	0	0	0	
Nissilä Janne	28	M-O-RC	92.8	100	0.60195	180	-205	205		205	-145	-155	-155		0	0	205				0	0	0	0	0	
Kapanen Samuli	31	M-O-RC	120.2	125	0.55075	240	-260	-260		240	130	140	-145		140	380	240	255	262.5		262.5	642.5	75	0	0	1-M-O-RC-125
Putto Arto	26	M-O-R	105.4	110	0.56995	245	255	270		270	165	175	182.5		182.5	452.5	280	300	-310		300	752.5	75	0	0	1-M-O-R-110

## Bench Press

Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI
Mononen Taru	48	F-M2-R	119.5	SHW	0.6785	52.5	57.5	62.5	67.5	62.5	42.40625	46.51965	1-F-M2-R-SHW
Salomäki Eemeli	32	M-O-MP	83.2	90	0.64115	170	185	-200		185	118.6127	0	1-M-O-MP-90
Mononen Jorma	46	M-M2-R	83.7	90	0.6387	137.5	-142.5	145		145	92.6115	98.90908	1-M-M2-R-90
Tuomainen Juha	37	M-O-R	106.4	110	0.5681	230	-240			230	130.663	0	1-M-O-R-110

## Deadlift

Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCI
Anttila Pekka	55	M-M4-R	87.6	90	0.62135	165.5	175	190	200	190	118.0565	144.6192	1-M-M4-R-90
Mononen Jorma	46	M-M2-R	83.7	90	0.6387	185	197.5	207.5		207.5	132.5302	141.5423	1-M-M2-R-90
Heikkinen Miikka	44	M-M1-R	111.9	125	0.56045	270	290.5	302.5		302.5	169.5361	176.8261	1-M-M1-R-125
Taavitsainen Vesa	35	M-O-R	95.5	100	0.59345	270	280	290		290	172.1005	0	1-M-O-R-100